



## **KIDS CARDIO DRUMMING**

**(Boys & Girls 5-12 yrs.)**

Session 1: April 22- May 20 (5-weeks) \$25  
10:00 a.m. - 10:45 a.m.

**Classes will be held on Saturday**

Session 2: June 19-July 18 (5-weeks) \$25  
10:00 a.m. - 10:45 a.m.

**Classes will be held on Saturday**

Your child will LOVE our session of CardioDrumming as it involves a fun and playful experience through music and movement, that will lead your child through a routine involving drumsticks and an exercise ball set to the beat of music! This class will focus on gross motor movements, overall strengthening, motor planning and eye-hand coordination.

Classes will be held at The Allen Park Community Center

15800 White Street

REGISTRATION BEGINS: APRIL 15, 2017

